

Our Human Rights

<p>Different</p> 	<p>There are lots of people in the world.</p> <p>We are all different but we are all people. We are all human.</p>
	<p>All people in the world have human rights.</p>
	<p>Do you know what human rights are?</p>
	<p>Human rights are laws so all people can be treated fairly.</p> <p>Each country should follow human rights.</p>
	<p>The Human Rights Act makes sure that everyone in the UK has human rights.</p>



The Human Rights Act has 14 different types of human rights.



Some human rights help us to do things we want to do. This includes:

Freedom of thought, belief and religion

This means you are free to believe what you like including your religion. Other people cannot tell you what to believe.



Freedom of expression

This means you have the right to have ideas and have your say - even if other people don't like what you say.



Right to marry and start a family

This means you can get married to who you want to and have children.



Human rights can also stop people doing bad things to us. This includes:

Freedom from torture and inhuman or degrading treatment

This means no one is allowed to hit you or hurt you - even if they say you have behaved badly.

	<p>Freedom from slavery</p> <p>This means no one can treat you like a slave or make you work without pay.</p>
	<p>Human rights are also about stopping discrimination.</p> <p>Everyone must have equal rights. You should not be treated unfairly because of:</p> <ul style="list-style-type: none"> • Your skin colour or your culture • Your religion • If you are a man or a woman • How old you are • Your disability
	<p>Human rights are there for all of us so that we can live a good life.</p>
	<p>To find out more about human rights, go to the Equality and Human Rights Commission website:</p> <p>www.equalityhumanrights.com/en/human-rights/human-rights-act</p>

North Yorkshire Learning Disability Partnership Board - September 2020